|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Competitor Name | |  | | | |  |
| Dish Description | |  | | | | |
| **Serves:**  **Component** |  | **Prep Time:** |  | **Cooking Time:** |  | |
| **Ingredients** | | **Method** | | | |
|  |  | |  | | | |
|  |  | |  | | | |
|  |  | |  | | | |
|  |  | |  | | | |
| To Serve |  | |  | | | |
| Special Diet Info. | Gluten free? Diabetic appropriate? Add any special diet information here | |  | | | |

NGCH 2025 Recipe Template